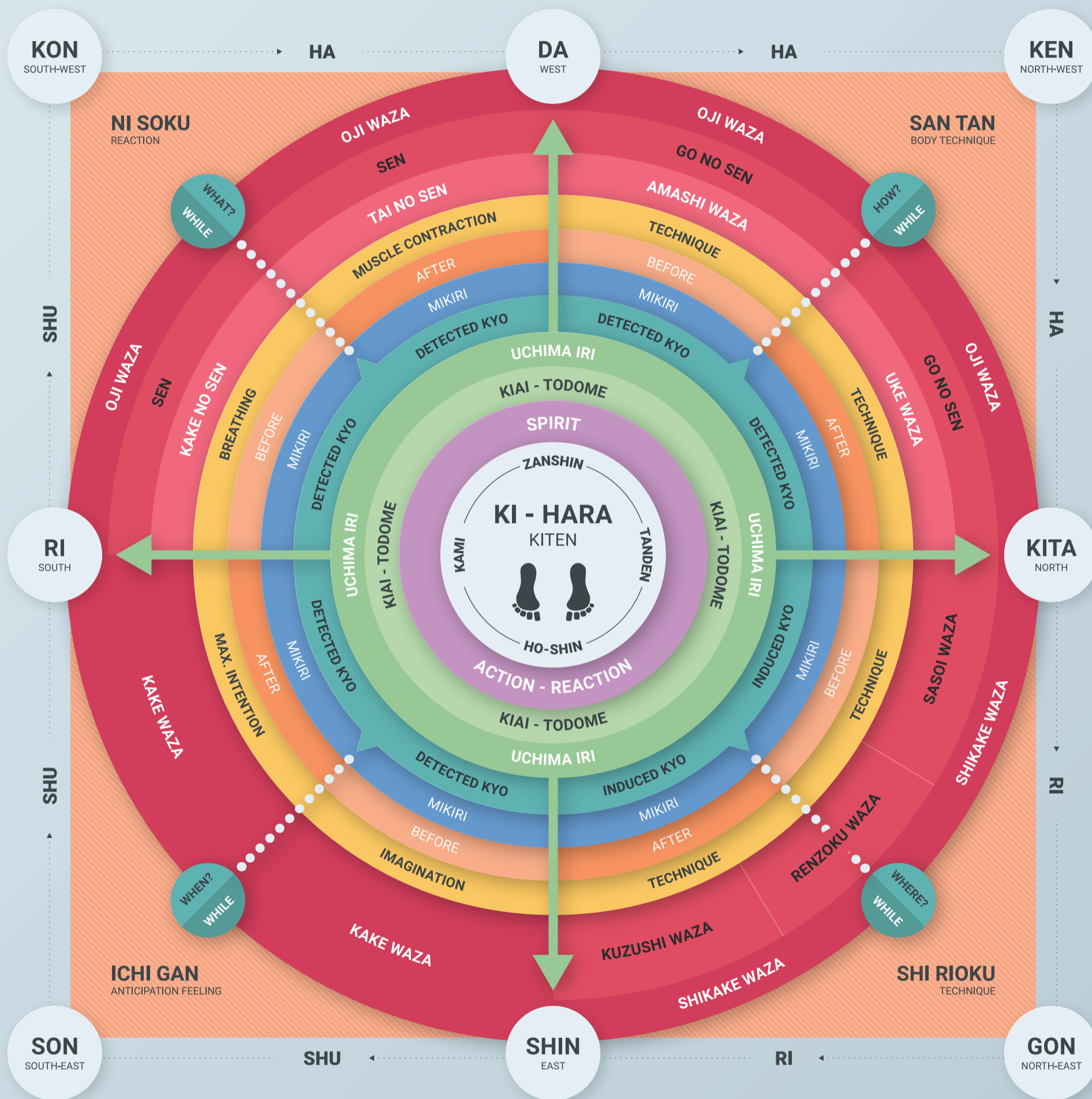


KIHON - KATA KUMITE

Traditional Karate Do
 Shotokan - Fudokan diagram



Concepts interpreted by
 Sensei Ilie DOBRE - 7 DAN

