

EUROPEAN TRADITIONAL KARATE FEDERATION

To: European Karate National Federation Members

Skopje, March 1, 2019



INVITATION

to the

**EUROPEAN TRADITIONAL KARATE CUP
For Kids, Cadets and Juniors
SKOPJE - MACEDONIA - May 3-4-5, 2019**

Dear karatekas,

EUROPEAN TRADITIONAL KARATE FEDERATION and MACEDONIAN TRADITIONAL KARATE FEDERATION have the greatest pleasure to invite you to the EUROPEAN TRADITIONAL KARATE CUP for Kids, Cadets and Juniors.

As most of you know this is very important time and moment for **ETKF**, as we are all trying to maintain unity, to strengthen European Federation and enlarge our federation with new members and countries. Towards this goal and idea, participation at this European Cup is very important. I'm personally asking you kindly, and in the name of **ETKF**, to try to participate to this Cup in maximum number of country participants.

Also, we would like to use this Cup to celebration **three occasions: 80 birthday of Sensei Vladimir Yorga, 70 birthday of Sensei Vencislav Nedev and 50 years of Karate club Rabotnicki-Skopje**, the first karate club founded 1969 in Macedonia. We would like this Tournament to be the opportunity to unite, to see how much we progressed, to exchange knowledge and experiences and plan further development of traditional karate, united as **ETKF**. Also, to use this kind of event to show our great support to strengthening and uniting the **ITKF** and traditional karate in World.

With the greatest pleasure we will welcome your athletes, coaches, referees and official representatives of your National Federation. We are looking forward to your participation.

Univ. Prof. Vladimir Yorga MD., PhD. - ETKF President
Prof. Vencislav Nedev - Technical Committee Chairman
Dr. Dejan Nedev - ETKF General Secretary



OFFICIAL INFORMATIONS

GENERAL OUTLINE

Hosted by: *Macedonian traditional karate federation*
Sanctioned by: *European traditional karate Federation*
Place: *SC. Boris Trajkovski-VIP arena, 1000 Skopje
Macedonia*
Date: *May 3 - 4 - 5 / 2019*

1. PARTICIPANTS

1. They must be **citizens of the represented country** (must provide proof of citizenship at the tournament venue registration, e.g. a personal passport issued by the represented country);
2. **Age in agreement** with their competition category;
3. They must know, fully understand and be able to compete in accordance with the **ITKF competition rules**;
4. They must be **free of any physical or mental handicap** that might cause a breach of the **ITKF** rules;
5. **All KUMITE, KO-GO and FUKU-GO** athletes are obliged to wear the official **ETKF KUMITE GLOVES**. For hygienic reasons gloves cannot be shared between athletes. **Mouth (tooth)** guards are also mandatory to be worn;
6. **Breast-protection** for women, **groin protector** for men are optional, but recommended safety equipment;
7. They must have his/her own **international traveling insurance** and also personal accident insurance issued by their respective National Federations;
8. Only individuals holding a valid **ETKF Certified Coaches Qualification** and properly registered with the Tournament Controlling Body will be allowed to represent and coach athletes during the competition;
9. They must present **Medical Release** and **International Health Insurance to Medical Emergencies**;
10. All countries must bring their **national anthem (on a CD)** and **two national flags**;

2. COMPETITION RULES

ITKF Competition Rules.



3. COMPETITION CATEGORIES

A. CHILDREN I. AGE 6-7 YEARS (BORN IN 2013-2012 AND YOUNGER)

<i>Individual Kata Girls</i>	No limit per country	<i>Team Kata Girls</i>	No limit per country
<i>Individual Kata Boys</i>	No limit per country	<i>Team Kata Boys</i>	No limit per country
<i>Enbu Girl-Boy</i>	No limit per country	<i>Enbu Boy-Boy</i>	No limit per country
<i>Individual Kihon Girls</i>	No limit per country	<i>Individual kihon – ipon Girls</i>	No limit per country
<i>Individual kihon Boys</i>	No limit per country	<i>Individual kihon – ipon Boys</i>	No limit per country

B. CHILDREN II. AGE 8-9 YEARS (BORN IN 2011-2010)

<i>Individual Kata Girls</i>	No limit per country	<i>Team Kata Girls</i>	No limit per country
<i>Individual Kata Boys</i>	No limit per country	<i>Team Kata Boys</i>	No limit per country
<i>Enbu Girl-Boy</i>	No limit per country	<i>Enbu Boy-Boy</i>	No limit per country
<i>Individual Kihon Girls</i>	No limit per country	<i>Individual kihon – ipon Girls</i>	No limit per country
<i>Individual kihon Boys</i>	No limit per country	<i>Individual kihon – ipon Boys</i>	No limit per country

C. CHILDREN III. AGE 10-11 YEARS (BORN IN 2009-2008)

<i>Individual Kata Girls</i>	No limit per country	<i>Team Kata Girls</i>	No limit per country
<i>Individual Kata Boys</i>	No limit per country	<i>Team Kata Boys</i>	No limit per country
<i>Ind. Jiyu-Ippon-Kumite Girls</i>	No limit per country	<i>Enbu Girl-Boy</i>	No limit per country
<i>Ind. Jiyu-ippou kumite Boys</i>	No limit per country	<i>Enbu Boy-Boy</i>	No limit per country
<i>Individual Kihon Girls</i>	No limit per country	<i>Team Jiyu-ippou kumite Boy</i>	No limit per country
<i>Individual Kihon Boys</i>	No limit per country	<i>Team Jiyu-ippou kumite Girls</i>	No limit per country



D.CHILDREN IV. AGE 12-13 YEARS (BORN IN 2007-2006)

<i>Individual Kata Girls</i>	No limit per country	<i>Team Kata Girls</i>	No limit per country
<i>Individual Kata Boys</i>	No limit per country	<i>Team Kata Boys</i>	No limit per country
<i>Ind. Jiyu-Ippon-Kumite Girls</i>	No limit per country	<i>Enbu Girl-Boy</i>	No limit per country
<i>Ind. jiyu-ippon kumite Boys</i>	No limit per country	<i>Enbu Boy-Boy</i>	No limit per country
<i>Individual Kihon Girls</i>	No limit per country	<i>Individual Kihon Boys</i>	No limit per country
<i>Team jiyu-ippon kumite Boys</i>	No limit per country	<i>Team jiyu-ippon kumite Girls</i>	No limit per country

COMPETITION RULES for European Childrens Cup

INDIVIDUAL KATA:

Groups A, B, C, D: eliminations, semi-finals, finals - flag system

TYPE OF KATA (*individual* and *team*):

Group A: elimination/ semi-final/ final Taikyoku, Heian 1-2-3;

Group B: elimination/ semi-final/ final Heian 1-2-3-4-5, Heian Oi Kumi;

Group C: elimination/ semi-final/ final Heian 1-2-3-4-5, Heian Oi Kumi, Bassai-Dai;

Group D: elimination/ semi-final/ final Heian 1-2-3-4-5, Heian Oi-Kumi, Bassai-Dai,

Kanku Dai, Jion, Enpi, Taiji shodan;

Team Kata: Each team will be composed of **3 contestants** (1 athlete can be from the younger group).

APPLICATION OF KATA (*Bunkai*)

Children groups (*only D*) must demonstrate Application of Kata.

KIHON KUMITE:

From natural stance must step back with **Gedan-barai** and start techniques from left (**Hidari**) stance!



<u>GROUP A, B</u>		<u>GROUP C, D</u>	
1. <i>Oi-Zuki /Jodan</i>	forward	1. <i>Oi-Zuki /Jodan</i>	forward
2. <i>Age-Uke /Gyaku-Zuki</i>	backward	2. <i>Age-Uke /Gyaku-Zuki</i>	backward
3. <i>Gyaku-Zuki /Chudan</i>	forward	3. <i>Gyaku-Zuki /Chudan</i>	forward
4. <i>Uchi-Uke /Gyaku-Zuki</i>	backward	4. <i>Soto-Uke /Gyaku-Zuki</i>	backward
5. <i>Mae-Geri /Chudan</i>	forward	5. <i>Mae-Geri /Chudan</i>	forward
6. <i>Gedan-barai /Gyaku-Zuki</i>	backward	6. <i>Gedan-barai /Gyaku-Zuki</i>	backward
		7. <i>Mawashi-Geri /Jodan</i>	forward
		8. <i>Uchi-Uke / Gyaku-Zuki</i>	backward

KIHON-IPPON KUMITE GROUP A:

ATTACK: Natural stance: **Gedan-barai** step back in zenkutsu dachi and attack techniques from left (*Hidari*)

DEFENSE: **Heiko (Yoi) dachi**
1.

ATTACK: AKA - **Oi-tsuki (*jodan*)**

DEFENSE: SHIRO - **Age-uke** counter attack: **Gyaku-Tsuki-Chudan**

2.

ATTACK: AKA - **Oi-tsuki (*chudan*)**

DEFENSE: SHIRO - **Soto-uke** counter attack: **Gyaku-Tsuki-Chudan**

3.

ATTACK: AKA - **Mae-geri (*chudan*)**

DEFENSE: SHIRO - **Gedan-barai** counter attack: **Gyaku-Tsuki-Chudan**

KIHON-IPPON KUMITE GROUP B:

1.

ATTACK: AKA - **Oi-tsuki(*jodan*)**

DEFENSE: SHIRO - **Age-uke** counter attack: **Gyaku-Tsuki-Chudan**

2.

ATTACK: AKA - **Mae-geri(*chudan*)**

DEFENSE: SHIRO - **Gedan-barai** counter attack: **Gyaku-Tsuki-Chudan**

3.

ATTACK: AKA - **Mawashi-geri(*chudan*)**

DEFENSE: SHIRO - **Uchi-uke** counter attack: **Gyaku-Tsuki-Chudan**



JIUY IPPON KUMITE Group C and D:

ATTACK: Kizami-Tsuki-Jodan, Oi-Tsuki-Jodan, Gyaku-Tsuki-Chudan, Mae-Geri-Chudan, Mawashi-Geri- Jodan;

IN FINAL MATCHES ONLY* - plus **RENZOKU-KOGEKI-WAZA: Kizami-Tsuki-Jodan - Mawashi-Geri-Jodan - Uraken-Uchi-Jodan - Gyaku-Tsuki-Chudan.

DEFENSE: ONLY -Uke-waza, counter attack: **Gyaku-Tsuki-Chudan**

CADETS / 14 – 15 years old / born in 2005 and 2004

Individual Kata Men	No limit per country	
Individual Kata Women	No limit per country	
Fuku-Go Men	No limit per country	Using Ko-Go Kumite
Fuku-Go Women	No limit per country	Using Ko-Go Kumite
Synchronized Kata Men	No limit per country	
Synchronized Kata Women	No limit per country	
En-Bu Men	No limit per country	
En-Bu Mixed	No limit per country	
Individual Ko-go Men	No limit per country	
Individual Ko-go Women	No limit per country	

JUNIORS / 16 – 17 years old / born in 2003 and 2002

Individual Kata Men	No limit per country	
Individual Kata Women	No limit per country	
Individual Kumite Men	No limit per country	Using Ko-Go Kumite
Individual Kumite Women	No limit per country	Using Ko-Go Kumite
Fuku-Go Men	No limit per country	Using Ko-Go Kumite
Fuku-Go Women	No limit per country	Using Ko-Go Kumite
Synchronized Kata Men	No limit per country	
Synchronized Kata Women	No limit per country	
En-Bu Men	No limit per country	
En-Bu Mixed	No limit per country	
Individual Ko-go Men	No limit per country	
Individual Ko-go Women	No limit per country	



ATTENTION:

1. AN ATHLETE CAN PARTICIPATE IN INDIVIDUAL CATEGORIES ONLY IN HIS AGE CATEGORY.
IF HE PARTICIPATES IN TEAM CATEGORY FOR AN OLDER AGE GROUP, HE CANNOT PARTICIPATE IN THE SAME TEAM CATEGORY IN HIS AGE GROUP!

Example: one cadet athlete can participate in individual categories for cadets. He can participate in team kata for juniors. In this case he cannot be part of team kata cadets.

4. APPLICATION AND REGISTRATION

a) Applications

Dear athletes, since, due to a recent events we have very little time - we are kindly asking all participants (**Officials, Athletes, Coaches and Judges**) to apply their applications latest by **April 1st, 2019**. Thank you for understanding in advance.

b) Online registration will start on March 18, 2019

Link for online registration: <http://etkf.net/index.php/registration>

The registration must include:

1. Details of all Officials, Coaches and Judges;
2. Details of all Athletes including respective competing categories;
3. Digital passport size photo for each Official, Coach, Judge and Athlete;
4. Registration fees for all participants can be paid at the competition during the registration or to the T.O.C. - MTKF bank account (bank account details will be provided to you during next few days);
5. Once again please send all your applications latest by **April 1st, 2019**.

5. PARTICIPATION FEES

EUR 20,00 - per person, per category

EUR 30,00 - for En-Bu

EUR 50,00 - for Kata team

EUR 50,00 - for Kumite team

EUR 50,00 - Judges Refresher Course

COACHES AND REFEREES REGISTRATION AND ACCREDITATION EUR 50,00

THIS REGISTRATION IS VALID ONLY FOR ONE OF THE FOLLOWING GROUP OF CATEGORIES:

KIDS, CADETS and JUNIORS.



6. SCHEDULE & PROGRAM

May 2, 2019 Thursday	Arrival
May 3, 2019 Friday	09:00 – 12:00 ETKF Judges Refresher Course
	16:00 – 18:00 ETKF Judges Refresher Course
	19:00 – 20:00 Special Committees meetings
	20:00 – 21:00 ETKF meeting
	21:00 – DRAWING, Hotel Continental

NOTE:

All Coaches are required to attend the Drawing to confirm that the names and categories of their athletes are correctly placed before the Draw begins.

No changes or additional inclusion of competitors will be accepted after the drawing.

May 4, 2019 Saturday	European Traditional Karate Cup 10:00 – 22:00 Eliminations and Finals for kids
	18:00 – Official opening ceremony
	19:00 – competitions continue
May 5, 2019 Sunday	European Traditional Karate Cup 10:00 – 12:00 Eliminations for Juniors and Cadets 14:00 – 17:00 Finals for Juniors and Cadets
May 6, 2019 Monday	Departure



7. JUDGES

1. Selection of the Judges will be made by the ETKF Technical Committee Chairman during the ETKF Judges' Refresher Course held right before the European Cup.
2. Judges participating in this event must be ETKF Registered Qualified Judges (*class A, B, C*) who have participated in and completed the Judges' Refresher Course held before the Tournament.
3. Each judge candidate must submit the application form, fee and passport size photograph for the Judges' Refresher Course by **April 1st, 2019** or at the spot. Only Judges who renewed their license (*2019+*) and paid the license fee are eligible to attend and be selected to judge at the ETKF European Cup.
4. All Judges must bring their own HAKAMA (*black*), whistle and KARATEGI.

8. CONTACT INFORMATION

For any additional information please contact our T.O.C. at:

Email: etkfkarate@gmail.com

NOTE:

Please contact your local embassy for visa procedure information. If needed, we will send you official invitation letter.

Dear participants,

*In order to successfully organize this Cup with the little time we have, once again we are kindly asking you to send us confirmation of your participation at European Cup as soon as possible, latest by **April 1st, 2019**, to the e-mail of our T.O.C.*

Thank you in advance for your cooperation!

We are looking forward to seeing you in Skopje.

Univ. Prof. Vladimir Yorga MD., PhD. - ETKF President

Prof. Vencislav Nedev – Technical Committee Chairman

Dr. Dejan Nedev – ETKF General Secretary

