32nd European Traditional Karate Championship Slovenia 2016



# Kranjska Gora Dvorana Vitranc 23. - 26.11.2016

Cadets, Juniors, Youths, Seniors, Veterans







#### EUROPEAN TRADITIONAL KARATE FEDERATION

SLOVENIAN TRADITIONAL KARATE FEDERATION

to European Traditional Karate National Federations

# INVITATION

to the

# 32nd EUROPEAN TRADITIONAL KARATE CHAMPIONSHIP

Cadets, Juniors, Youths, Seniors, Veterans

KRANJSKA GORA – SLOVENIA – 23.-26.11.2016

Dear karatekas,

Belgrade, Ljubljana, 09. 10.2016

EUROPEAN TRADITIONAL KARATE FEDERATION and SZTK have the greatest pleasure to invite you to the 32<sup>nd</sup> EUROPEAN TRADITIONAL KARATE CHAMPIONSHIP for Cadets, Juniors, Youths, Seniors and Veterans.

Starting from this year every competition and every result is important for further development of traditional karate as a part of new formed United World Karate, as we are preparing for participation at the Olympics. Traditional karate discipline is open for all traditional karate forms, schools and styles under unique rule of ITKF. We'd like to point out that selection of disciplines and events for OG in Tokyo 2020 is under the process of selection and formation, and because of that we have to be very serious in our programs and competitions, to have the best athletes to be represents of traditional karate discipline in Olympic Games. Respecting traditional karate rules and keeping the best conditions for health of our athletes, providing the best methodology of training we are sure that traditional karate discipline will be presented in its full existence and meaning.

With the greatest pleasure we will welcome your athletes, coaches, referees and official representatives of your National Federation. We are looking forward to your participation.

Univ. Prof. Vladimir Yorga MD., PhD. President ETKF Marko Mitrović President SZKT





# **OFFICIAL INFORMATIONS**

# **GENERAL OUTLINE**

Sanctioned by: European Traditional Karate Federation ETKF Hosted by: Slovenian Traditional Karate Federation SZTK Place: Kranjska Gora, Slovenia Venue: Vitranc sport hall, Kolodvorska ulica 1, Kranjska Gora (46° 29' 6,45" N, 13° 47' 7,72" E) Date: 23. – 26.11.2016

# **1. PARTICIPANTS**

All athletes must be officially selected by the ETKF - National Federation Members of each country according to the following requirements:

- 1. They must be citizens of the represented country (must provide proof of citizenship at the tournament venue registration, e.g. a personal passport issued by the represented country).
- 2. Age in agreement with their competition category.
- 3. They must know, fully understand and be able to compete in accordance with the ITKF competition rules.
- 4. They must be free of any physical or mental handicap that might cause a breach of the ITKF rules
- 5. All KUMITE, KO-GO and FUKU-GO athletes are obliged to wear the official ITKF KUMITE GLOVES in accordance with ITKF rules. For hygienic reasons gloves cannot be shared between athletes. Mouth (tooth) guards are also mandatory to be worn.
- 6. Breast-protection for women, groin protector for men are optional, but recommended safety equipment.
- 7. They must have his/her own international traveling insurance and also personal accident insurance issued by their respective National Federations.
- 8. They must belong to a National Federation which is a full and paid-up member of the ITKF and the ETKF including the year 2016.
- 9. Only individuals properly registered with the Tournament Controlling Body will be allowed to represent and coach athletes during the competition.
- 10. They must present Medical Release and International Health Insurance to Medical Emergencies.
- 11. All countries must belong to geographical area: Europe.

#### **2. COMPETITION RULES**

**ITKF** Competition Rules

#### **3. COMPETITION CATEGORIES**

CATEGORY

No. of participants Notes

CADETS / 14 – 15 years old / born in 2002 and 2001 / 1 <sup>st</sup> kyu and above				
Individual Kata Men	No limitations			
Individual Kata Women	No limitations			
Individual Kumite Men	No limitations	Using Ko-Go Kumite		
Individual Kumite Women	No limitations	Using Ko-Go Kumite		
Fuku-Go Men	No limitations	Using Ko-Go Kumite		
Fuku-Go Women	No limitations	Using Ko-Go Kumite		
Synchronized Kata Men	2 teams per country			
Synchronized Kata Women	2 teams per country			
En-Bu Men	2 teams per country			
En-Bu Mixed	2 teams per country			

JUNIORS / 16 – 17 years old / born in 2000 and 1999 / 1 <sup>st</sup> kyu and above				
Individual Kata Men	No limitations			
Individual Kata Women	No limitations			
Individual Kumite Men	No limitations	Using Ko-Go Kumite		
Individual Kumite Women	No limitations	Using Ko-Go Kumite		
Fuku-Go Men	No limitations	Using Ko-Go Kumite		
Fuku-Go Women	No limitations Using Ko-Go Kumite			
Synchronized Kata Men	2 teams per country	Max 2 team members can be Cadets		
Synchronized Kata Women	2 teams per country	Max 2 team members can be Cadets		
En-Bu Men	2 teams per country	Max 1 team member can be Cadet		
En-Bu Mixed	2 teams per country	Max 1 team member can be Cadet		

YOUTH / 18 – 19 - 20 years old / born in 1998, 1997 and 1996 / 1<sup>st</sup> kyu and above

1001117 10 - 13 - 20 years old 7		
Individual Kata Men	No limitations	
Individual Kata Women	No limitations	
Individual Kumite Men	No limitations	Using Ko-Go Kumite, Jiyu Kumite for Semi-final and Final rounds
Individual Kumite Women	No limitations	Using Ko-Go Kumite, Jiyu Kumite for Semi-final and Final rounds
Fuku-Go Men	No limitations	Using Ko-Go Kumite, Jiyu Kumite for Semi-final and Final rounds
Fuku-Go Women	No limitations	Using Ko-Go Kumite, Jiyu Kumite for Semi-final and Final rounds
Synchronized Kata Men	2 teams per country	Max 2 team members can be Cadets
Synchronized Kata Women	2 teams per country	Max 2 team members can be Cadets
En-Bu Men	2 teams per country	Max 1 team member can be Cadet
En-Bu Mixed	2 teams per country	Max 1 team member can be Cadet

# CATEGORY

No. of participants

Notes

CENHODE / 24 24 / how hotors and	1005 and 1002 / 1st days and a	h ee
SENIORS / 21- 34 / born between 2		bove
Individual Kata Men	No limitations	
Individual Kata Women	No limitations	
Individual Kumite Men	No limitations	
Individual Kumite Women	No limitations	
Individual Ko-Go Kumite Men	No limitations	Also for Older Seniors and
		<u>Veterans</u>
Individual Ko-Go Kumite Women	No limitations	Also for Older Seniors and
		<u>Veterans</u>
Fuku-Go Men	No limitations	Also for Older Seniors and
		<u>Veterans</u>
Fuku-Go Women	No limitations	Also for Older Seniors and
		<u>Veterans</u>
Synchronized Kata Men	2 teams per country	Max 2 team members can be
		Youth, Older Seniors or
		<u>Veterans</u>
Synchronized Kata Women	2 teams per country	Max 2 team members can be
		Youth, Older Seniors or
		<u>Veterans</u>
En-Bu Men	2 teams per country	Max 1 team member can be
		Youth, Older Senior or Veteran
En-Bu Mixed	2 teams per country	Max 1 team member can be
		Youth, Older Senior or Veteran
Team Kumite Men	2 teams per country (3+1)	Max 2 team members can be
		Youth, Older Seniors or
		Veterans

OLDER SENIORS / 35 - 49 / born between 1981 and 1967 / 1 <sup>st</sup> dan and above				
Individual Kata Men	No limitations	Competition in other disciplines		
Individual Kata Women	No limitations	is possible in Senior category		
Individual Kumite Men	No limitations			
Individual Kumite Women	No limitations			

VETERANS / 50+ / born in 1966 and before / 1st dan and above				
Individual Kata Men	No limitations	Competition in other disciplines		
Individual Kata Women	No limitations	is possible in Senior category		
Individual Kumite Men	No limitations			
Individual Kumite Women	No limitations			

Note: If the number of applications for category will be lower than 4, organizers have the right to merge categories.

#### 4. APPLICATION AND REGISTRATION

#### a) Applications

Since we have very little time - we are kindly asking all participants (Officials, Athletes, Coaches and Judges) to indicate ETKF EC 2016 participation latest by 28. October 2016 to the e-mail of our Organizing Team <a href="https://www.etkf.ec.2016@sztk-zveza.si">etkf.ec.2016@sztk-zveza.si</a>. Please write only general information – confirmation of participation, number of participants.

#### b) Registration

All detailed competition information is also available through <u>Official 23nd ETKF EC 2016 portal</u> (https://uwk.openentry.net/itkf/uwk-

<u>online/veranstaltung\_info\_main.php?active\_menu=calendar&vernr=2</u>). The same IT system was used on 1<sup>st</sup> UWK Championships in 2015.

Here you can read latest competition announcements, register your national teams and individuals and select appropriate competition categories. Later competition draws and results will be available on the same location.

Official national federation representative should contact organizers trough <u>etkf.ec.2016@sztk-</u> <u>zveza.si</u>. Organizers will provide login information and detailed registration instructions. Please, CONTACT US AS SOON AS POSSIBLE since we ask all the federations to <u>enter applications latest by</u> <u>Friday 11.11.2016.</u>

#### **5. PARTICIPATION FEES**

Participation fees for all participants can be paid at the competition during the registration or to the Organizing Team - SZTK bank account:

Slovenska zveza tradicionalnega karateja SZTK Ulica bratov Ucakar 22 1000 Ljubljana Slovenia IBAN SI56 1010 0003 7640 263 BANKA KOPER d.d. SWIFT: BAKOSI2X REUTERS: BAKO

Category	Fee
Individual categories	35€
En-Bu team	45€
Kata team	65€
Kumite team	65€

#### 6. PROGRAM & SCHEDULE

Day	Activity	Location
November 23 (Wednesday)	Arrival (athletes, judges and officials)	Official hotels
November 24	Arrival (athletes, judges and officials)	Official hotels
(Thursday)	National teams accreditation (athletes, judges and officials)	Sport hall Vitranc
	ETKF Judges Refresher Course	Sport hall Vitranc or Hotel Kompas
	Special Committees meetings – Technical, Medical Committee	Hotel Kompas
	ETKF Board of Directors meeting	Hotel Kompas
	ETKF General meeting	Hotel Kompas
	ETKF Board and Presidents of member federations official welcome dinner	Hotel Kompas
	Official drawing	Hotel Kompas
November 25	32 <sup>nd</sup> European Traditional Karate Championship	Sport hall Vitranc
(Friday)	Eliminations for all categories	Sport hall Vitranc
	Opening ceremony	Sport hall Vitranc
November 26	32 <sup>nd</sup> European Traditional Karate Championship	Sport hall Vitranc
(Saturday)	Finals for all categories	Sport hall Vitranc
	Closing ceremony	Sport hall Vitranc
	Sayonara party (official hotels residents)	Hotel Kompas
November 27	SZTK Open Traditional Karate Cup 2016	Sport hall Vitranc
(Sunday)	Eliminations and finals for all categories	Sport hall Vitranc
November 28 (Monday)	Departure (athletes, judges and officials)	Official hotels

# 7. JUDGES

Selection of the Judges will be made by the ITKF Technical Committee Members during the ETKF Judges Refresher Course held right before the European Championship.

Judges participating in this event must be ITKF Registered Qualified Judges (class A, B, C) who have participated in and completed the Judges Refresher Course held before the Tournament. All Judges must bring their own HAKAMA (black), whistle and clean KARATEGI

Each judge candidate must submit the application by Friday 11.11.2016 official application page. Only Judges who renewed their license (2015+) and paid the license fee are eligible to attend and be selected to judge at the ETKF European Championship.

Course fee (participation): EUR 50, payable on site

Note: ITKF's official qualification class A – free of charge

For any information concerning the fee for ITKF Judge classes, please contact:

ITKF International Office 1930 Wilshire Blvd, Suite 1206 Los Angeles, CA 90057 Phone: 001 213/483 82 62 Fax: 001 213/483 40 60 E-mail: office@itkf.org

#### 8. CONTACT INFORMATION

For any additional information please contact our Organizing Team at:

Email: etkf.ec.2016@sztk-zveza.si

Phone: +386 41 683 632

FB: https://www.facebook.com/events/577729219086463/

WEB: <u>https://uwk.openentry.net/itkf/uwk-</u> <u>online/veranstaltung\_info\_main.php?active\_menu=calendar&vernr=2</u>

#### NOTE:

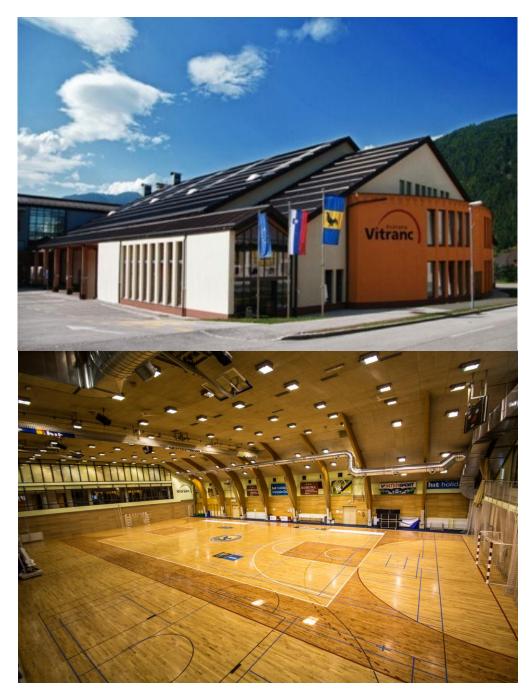
Please contact your local embassy for visa procedure information. If needed, we will send you official invitation letter.

#### 9. COMPETITION VENUE

Competition will take place in Dvorana Vitranc, situated within few minute walk from major official hotels. It will be a location of Accreditation, Judges Refresher Course and all the competitions.



#### GPS: 46° 29' 6,45" N 13° 47' 7,72" E



#### **10. ACCOMODATION**

You will be hosted by Slovenia's top touristic destination in 2016 – Kranjska Gora. We have provided the prime accommodations for the great prices, all within few minutes of walk from the main ETKF EC 2016 venue.

All accommodation arrangements will be handled by our partner Hit Alpinea Kranjska Gora, renowned Slovenian hotel chain. All booking request should be sent on <a href="https://example.com">etkf16@hit-alpinea.si</a>.

In addition, only participants staying in the official hotels will have free entrance to any of the official hotels swimming pools, great discount on sauna and massage and free Sayonara party entrance (welcome drink and finger food included).

#### **General conditions**

- All rates valid for a period 22. November 28. November 2016;
- Applicable rates in EUR (€);
- Gross amounts VAT included. Prices do not include tourist tax (0,95 1,9 € per person per day);
- Breakfast (self-service) included in all arrangements;
- Dinner (self-service or served depending by hotel) included in Half-board arrangements;
- Single room surcharge: 10€;
- Additional meal surcharge: 10€;
- Payments: 70% in advance, 30% at check-in or 100% at check-in;
- Extras of mini-bar and other costs are not included; the guest must be aware that the hotel will recount the consumption before the check out.

Accommodation	Category	Beds on disposal	Types of rooms	
Hotel Kompas	4*	178	32 double, 30 triple, 6 quadruple	
Hotel Alpina	3*	145	35 double, 25 triple	
Ramada Hotel & Suites	4*	160	80 double	
Kranjska Gora				
Ramada Resort Kranjska Gora	4*	30	30 double	
Vitranc Apartments	3*	20	10: 2/4 people 10: 3/5 people	

PRICES	Half-board	Bed & breakfast
Hotel Kompas	42€	38€
Hotel Alpina	38€	34€
Ramada Hotel & Suites	42€	38€
Kranjska Gora		
Ramada Resort Kranjska Gora	42€	38€
Vitranc Apartments	38€	34€

	Distance to venue	Time to venue by car	Time to venue by foot
Hotel Kompas	500m	2 min	5 min
Hotel Alpina	500m	2 min	5 min
Ramada Hotel & Suites	300m	2 min	3 min
Kranjska Gora			
Ramada Resort Kranjska Gora	400m	2 min	5 min
Vitranc Apartments	400m	2 min	3 min

Hotel Kompas, Kranjska Gora, Slovenia



#### The largest hotel in Kranjska Gora

Kompas is the biggest hotel in Kranjska Gora. It is the perfect starting point for discovering the alpine fairytale in all seasons. The Kompas hotel lies right at the foot of the ski slopes, surrounded by a vast hotel garden and green meadows. Experience the rich culinary offer and enjoy relaxing in the wellness center with a pool, a massage salon and comprehensive care, and enjoy the sun at the pool terrace. We are the best at organizing congresses and similar events.

#### Hotel

The Hotel offers 149 comfortable, modern rooms. Each room is equipped with shower, Wi-Fi, digital TV, phone line, safe deposit box and a hair-dryer. The hotel is close both to the center of the town and to the ski slopes.

#### Wellness

#### Kompas Relaxation Centre

The center for perfect relaxation and regeneration of harmony between the body and mind. Rays of sun will gently caress you on the terrace of the swimming pool. Take a swim in the indoor pool and have fun with your children in the kid's pool with a water slide. Two saunas for sauna lovers: Finnish with hot and dry air and Turkish steam bath that will open your pores and clear your respiratory system.

# Hotel Alpina, Kranjska Gora, Slovenia



#### Paradise for families.

The Alpina Hotel is known for its relaxed atmosphere. The comfort of the hotel's ideal position is enchanting. Winter skiing fun, summer wanderings and mountain cycling trails are at home in the Alpina Hotel.

#### Hotel

The three-star Hotel offers 99 standard and 6 family rooms. Each room has a cable television, telephone and a bathroom with a shower.

#### Wellness

#### Viridis Sauna Center

The soothing effects of the forest, its colours and smells, have been brought to you to take away the thoughts of your daily worries, relax and strengthening your immune system. Relax in Turkish, Finnish and herbal sauna. We highly recommend the bath pampering with fragrances of Alpine herbs, chamomile and pine. The tranquil ambience of our centre is a guarantee for your well-being long after the visit.

#### Cuisine

The pleasant hotel restaurant offers Slovenian and international dishes as part of their self-service menu. And the friendly personnel will be glad to serve you genuine Slovenian wines. You are invited to the wonderful coffee house and terrace that prides itself on having the best view in Kranjska Gora.

# Ramada Hotel & Suites Kranjska Gora, Slovenia



#### A picturesque hotel for guests who are seeking peace.

Ramada Hotel & Suites Kranjska Gora is a remarkable architectural element of Kranjska Gora. The comfortably furnished rooms offering a view of the mountains and the beautiful surroundings make it a perfect place especially for guests expecting the best comfort from their holidays. The hotel lies within a mere 100 meters from the ski slopes, yet right at the heart of all town activities due to its location next to the main promenade.

#### Hotel

Ramada Hotel & Suites Kranjska Gora has 110 aesthetically perfected and comfortable rooms. The hotel also offers special antiseptic rooms for guests susceptible to allergies, two bigger rooms (51 m2) and two rooms with an air and a water bed. The rooms have French beds. Additional beds can be added upon request. They all have a shower/WC, cable TV, phone, Wi-Fi, mini bar and a safe. Most rooms have a balcony.

#### Wellness

The Ramada Hotel & Suites Kranjska Gora doesn't have its own wellness, but it offers wellness services as part of the joint offer of the Hit Alpinea Kranjska Gora chain. Due to the vicinity of all the facilities you can quickly and easily pass from one to the other. Ramada Resort Kranjska Gora, hotel Kompas and hotel Alpina are all located in immediate vicinity.

#### Pizzeria and Restaurant Napoli

When you long for the taste of Italian delights, take a turn to Pizzeria Napoli. You will be welcomed by the pleasant smell of pizzas from wood ovens, pastas prepared according to Italian recipes and fresh salads.

#### London Coffee House

The London Coffee House is renowned among foodies for its desserts under the Sweet Julija brand.

#### Legends Pub

Legends Pub is furnished like a traditional Irish pub and offers a broad selection of world beers and whiskeys.

# <image>

# Ramada Resort Kranjska Gora, Slovenia

#### Best ski hotel in Slovenia.

Ramada Resort Kranjska Gora is located right next to the ski slope, at the foot of the ski paradise. Its nicely furnished rooms with a view over the beautiful alpine world will make your holidays comfortable and picturesque. Swimming in the glazed water park in the middle of the ski slope is an unforgettable experience, especially in the winter. Try out the unique offer of wellness services. The hotel is only a hundred meters away from the center of Kranjska Gora.

#### Hotel

110 four-star rooms provide everything you need for a relaxed vacation –free Wi-Fi, shower/WC, cable TV and radio, mini bar and a direct phone line. Hotel beds can also be separate.

#### Wellness

#### Aqua Larix

In the winter you can enjoy a view of the snow-covered ski slopes from a pleasantly warm pool with over 400 m2 of water surfaces. Take a swim in the indoor pool with heated water maintained at 30 degrees Celsius or treat yourself to a whirlpool warming you up with its 36 degrees Celsius.

#### World of Saunas

An intimate, small, cozy and closed environment. In the World of Saunas try out the Finnish, infrared and Turkish saunas.

#### Cuisine

The hotel restaurant with a self-service buffet is a culinary paradise. Morning coffee has never tasted better than in the central café with a fireplace.

# Vitranc Apartments, Kranjska Gora, Slovenia



#### Comfort and a unique view in the center of Kranjska Gora.

Start your day with a view of the excellently prepared ski slopes. The ski slopes are located only 50 meters from the Vitranc Apartments.

Experience a true alpine summer at the foot of the Vitranc mountain. Enjoy an active holiday. Kranjska Gora will fill you up with energy, adrenaline and satisfaction.

#### Apartments

Three-star apartments offer a kitchen, dining room, living room, bathroom, balcony and a bedroom with two or three beds. Two additional beds upon request. All apartments are equipped with free Wi-Fi, cable TV, refrigerator, microwave and phone.

#### Wellness

The apartments also offer wellness services as part of the joint offer of the Hit Alpinea Kranjska Gora chain. Due to the vicinity of all the facilities you can quickly and easily pass from one to the other. Ramada Resort Kranjska Gora, hotel Kompas and hotel Alpina are all located in immediate vicinity of the apartments.

#### Cuisine

The Vitranc Apartments all have a kitchen on disposal. All meals included in package will be served in nearby Ramada Hotel & Suites restaurant.